

# Natural Choice Menopause Formula

## Nutritional Support for the Natural Transition of Menopause

Menopause is a normal, natural event-defined as the end of menstrual periods. The menopause transition lasts approximately 4 years and begins at 47.5 years of age, on average, for American women.

A woman's general health and stress level can have a positive or negative impact on how smooth or difficult this transition can be. Women may be affected by hot flashes, mood swings and sleeplessness.

Effective help is available to ease this transition by providing nutritional support to balance and regulate feminine hormone levels. Our **Natural Choice Menopause Formula** contains 8 natural ingredients that include **Black Cohosh Extract, Red Clover Extract, Dong Quai, Licorice and Vitex** to regulate hormonal levels, **Soy Isoflavones** to support bone health, **Damiana** to promote relaxation and support a positive mood and **L-Theanine** to relieve everyday stress and tension.\*

### Recommendations:

For women, take one capsule twice daily preferably with a meal or as otherwise directed by your healthcare professional. Not for use by pregnant or nursing women.

Order Online @  
[FlourishWellness.com](http://FlourishWellness.com)

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

\*\*Testimonials represent a cross section of the range of results that appear to be typical with this product. Results may vary dependent upon use and commitment.



## Supports Feminine Hormonal Balance

### TRY IT - YOU'LL LOVE IT!

I began going through menopause last year and wanted to deal with the **hot flashes, mood swings, etc.** in a natural way. I went to the health food store and bought a highly advertised product for menopause. It helped with the hot flashes somewhat, but I still felt sluggish, out of sorts, bloated and irritable. I felt there had to be something better. I've been using your **Natural Choice Menopause Formula** for several months and I've got to tell you that it's **everything you promised**. My husband said that he should send you a thank you card for giving him back his fun-loving wife.\*\*

- Liz T, MN

Natural Choice Menopause Formula  
Item # 111      90 Capsules

### Supplement Facts

	Amount Per Serving	% Daily Value
Soy Isoflavone Extract † (Yielding 65 mg Soy Isoflavones)	140 mg	†
Black Cohosh Extract (Cimicifuga Racemosa)(root) (Standardized to contain 2.5 % Triterpine Glycosides)	160 mg	†
Dong Quai (Angelica Sinensis)(root)	150 mg	†
Red Clover Extract (Trifolium Pratense)(flower)	150 mg	†
Licorice (Glycyrrhiza Glabra)(root)	150 mg	†
Vitex (Vitex Agnus-Castus)(fruit)	100 mg	†
Damiana (Tumera Diffusa)(leaves)	50 mg	†
L-Theanine (Extract of Green Tea)	60 mg	†

†Daily Value Not Established

† Made from Soy that has not been genetically modified.

Other Ingredients: Vegetable Cellulose Capsule, Rice Powder, Magnesium Stearate

