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THYROID FUEL

A sluggish thyroid can leave you feeling fat, frazzled and fatigued.

The thyroid is a butterfly-shaped gland that is only about 2 inches long. But don't let its small size fool you, in its role as the master “**energy controller**”, it has profound effects on the entire body. In essence, the thyroid acts like the body's gas pedal.

As part of the endocrine system, the thyroid gland regulates metabolism. For every 1 degree decrease in body temperature, the base metabolic rate decreases by approximately 6%. No wonder these folks feel tired, fat and in a poor mood. An underperforming thyroid can cause **difficulty losing weight, constipation, dry skin and hair, joint and muscle pain, feeling cold all the time, decreased sex drive and fatigue.**

There are varied factors that put you at risk for suboptimal thyroid function: female gender, age over 50 and family history of low thyroid or autoimmune disease. Women are 5 to 8 times more likely to have a sluggish thyroid than men.

Our thyroid hormones regulate many body functions, including oxygen use, basal metabolic rate, cellular metabolism, growth and development and body temperature. **Every major system in the body is affected by the level of thyroid hormones, so it should come as no surprise that our thyroid gland function affects the way we feel.**



60 Capsules

THYROID FUEL provides comprehensive nutritional support to maintain optimal thyroid function. We've combined **Iodine** (from Kelp) and **Tyrosine**, the two integral constituents of thyroid hormone, with the minerals **Selenium, Zinc, Copper, Manganese** and **Molybdenum** to assist in its production. In addition, Thyroid Fuel contains **Guggul Extract** that supports thyroid function through its role in conversion of T3 to T4 in the liver. **Vitamin D** and **Vitamin B12** insufficiency are both linked to slowed thyroid function. **Coleus Forskohlii** supports the production and release of thyroid hormones. **Rosemary** contains carnosic acid that supports pituitary-thyroid signaling. **Ashwagandha** and **Schizandra** are herbal adaptogens that promote regulation of body functions. By nourishing the formation and activation of thyroid hormone you will be amazed how much more energized you feel.*

Recommendations: Take 1 capsule twice daily or as otherwise directed by your healthcare professional.

Supplement Facts

Serving Size: 2 Capsules
Servings Per Container: 30

	Amount Per Serving	% Daily Value
Vitamin D3 (Cholecalciferol)	400 IU	100%
Vitamin B12 (Cyanocobalamin)	100 mcg	1667%
Iodine (from Kelp)	75 mcg	50%
Zinc (Zinc Gluconate)	8 mg	53%
Selenium (Selenomethionine)	100 mcg	143%
Copper (Copper Gluconate)	200 mcg	10%
Manganese (Manganese Amino Acid Chelate)	2 mg	100%
Molybdenum (Molybdenum Amino Acid Chelate)	50 mcg	67%
L-Tyrosine	300 mg	†
Ashwagandha Root (Withania Somnifera)(root)	200 mg	†
Schizandra (Schizandra Chinensis)(fruit)	100 mg	†
Guggul Extract (Commiphora Mukul) (gum) (2.5% Guggulsterones)	50 mg	†
Rosemary (Rosmarinus Officinalis)(leaf)	50 mg	†
Coleus Forskohlii (Coleus Forskohlii)(root)	100 mg	†

† Daily Value Not Established

Other Ingredients: Vegetable Cellulose Capsule, Magnesium Stearate, Rice Powder

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.