

Sleep So Well

Safe, Natural, Effective



Fall Asleep Easily, Awake Refreshed *

60 Capsules

Supplement Facts on
Reverse Side

We combined the best of two worlds...nature and science...to bring you a truly effective product to support normal sleep cycles and restful, restorative sleep. There is no reason to settle for a "half-way" product that contains a smattering of 3 or 4 ingredients. Sleep So Well contains researched levels of the most trusted ingredients to address a broad range of sleep issues.

You can become the sound sleeper you were meant to be. Once you discover Sleep So Well, you will never want to be without it, because nothing feels better than awaking from a good night's sleep. Insomnia has become a national pastime. For every one of us who manages to easily fall asleep each night, a great many of us JUST CAN'T on a regular basis.

Sleep So Well is a remarkable combination of 7 natural sleep-enhancing herbs and botanicals. Sleep So Well doesn't "put you to sleep" in a forced way. Instead, you simply relax and fall asleep naturally for as long as your own body needs. Sleep So Well is not a drug and is non-habit forming. With Sleep So Well you can fall asleep safely and awake refreshed the next morning without feeling "groggy".

Have you forgotten what it feels like to be truly "rested"? A great night's sleep awaits you with Sleep So Well.

Order Online @ FlourishWellness.com

Sleep So Well's Potent Arsenal for Restful Sleep

Z_z **Melatonin** is a hormone that helps regulate the body's sleep-wake cycle. It is your body's natural sleep regulator. After the age of 40, most of us are producing less than we need.

Z_z **L-Theanine** is a naturally occurring amino acid from Green Tea. It is believed to play a role in the formation of GABA, a calming neurotransmitter and to assist the brain in producing alpha waves, the electrical signals you need to relax and fall asleep deeply.

Z_z **Chamomile** time-tested herb that calms an anxious mind and eases muscle tension that is often the cause of restless tossing and turning.

Z_z **Hops** helps the body fall asleep quickly and naturally. The combination of Hops and Valerian works synergistically for full body relaxation.

Z_z **Lemon Balm** is a little-known secret weapon that promotes tranquility, eases agitation and is a mind and body relaxer all in one.

Z_z **Passion Flower** promotes healthy sleep and supports the body's normal nocturnal rhythms during stressful periods. Lack of sleep has shown to be a major cause of elevation of (**cortisol**) **stress hormones**.

Z_z **Valerian** is a multi-talented sleep herb that helps you fall asleep faster, calms an anxious mind and supports optimal sleep quality.

Supplement Facts

Serving Size: 2 Capsules

Servings Per Container: 30

	Amount Per Serving	% Daily Value
Valerian Extract (<i>Valeriana officinalis</i>) (root) (0.8% Valerenic Acids)	500 mg	†
Lemon Balm Extract (<i>Melissa officinalis</i>) (leaf) (5% Rosmarinic Acid)	300 mg	†
L-Theanine (from Green Tea)	200 mg	†
Hops Extract (<i>Humulus lupulus</i>) (flower) (1% Essential Oils)	120 mg	†
Passion Flower Extract (<i>Passiflora incarnata</i>) (flower) (3.5% Flavonoids)	25 mg	†
Chamomile Extract (<i>Matricaria chamomilla</i>) (flower) (1.2% Apigenin)	25 mg	†
Melatonin (Pharmaceutical Grade)	1 mg	†
† Daily Value Not Established		

Other Ingredients: Vegetable Methylcellulose Capsule.

